

Welcome to Medical Nutrition Therapy

Eat well. Be well.

Prior to your appointment

- It is important that you speak with Access Services to complete your registration and pay for the service.
- Please review and complete the enclosed **questionnaire**. We would greatly appreciate it if you would mail it back to us *as soon as possible*, in the addressed/postage paid envelope that we have provided. By having this information prior to your appointment, our Registered Dietician can provide you with a highly individualized and specific educational experience.

On the day of your appointment

Please be sure to bring the following with you:

- **The prescription from your doctor**, which should include a diagnosis and/or diagnosis code. ***We cannot see you without a prescription from your doctor.***
- A list of any medications, vitamins/supplements you are taking.
- At least one day of food records.

Your **1-hour individual assessment** appointment with us is scheduled for:

It is important that you arrive on time for your appointment.

Please allow extra time for parking. We suggest that you use the Visitor's Lot directly in front of the hospital. There is a charge to park there, but we will provide you with a token. There is also Valet Service.

We are located on the **1st floor of the Main Building**

Please use the J. Marshall Booker entrance.

Upon entering the hospital turn *right* and proceed to the first hallway on your left. Proceed left down the hallway to the first wooded door on your left. The door is marked *Diabetes Management*. This is where Medical Nutrition Therapy is located. Please enter and announce yourself.

If you are not able to keep your appointment, please notify us as soon as possible at **(732) 530 - 2555**. Please do not hesitate to call us for any questions or concerns you may have.

Thank you for choosing Riverview Medical Center as your provider of medical nutrition therapy!

Sincerely,

Christine Boyajieff
Department Secretary

