Patient Guide to Surgical Day Stay
Dear Patient,

Thank you for choosing Riverview Medical Center for your surgical health care needs. We understand that undergoing surgery can be an uneasy and somewhat confusing time, and we want you to know we are here for you every step of the way. This guide will help prepare you for your surgery from the time your surgeon schedules your appointment, through your recovery. If you have additional questions please call 732.530.2291 and we will be happy to assist you.

Thank you,
Surgical Services Team
Your Testing and Procedure Schedule

Your doctor has scheduled you for the following surgical procedure:

Breast Surgery
Bunion Surgery
Carpal Tunnel Surgery
Cataract
Circumcision
Cyst Drainage
Deviated Septum Repair
Dilation and Curettage (D&C)
Hardware Removal
Hernia Surgery
Lithotripsy for Kidney Stones
Nasal
Sinus
Tonsil and Adenoid Removal
Tubal Ligation
Varicose Vein Ligation
Other: ____________________________________________
Your physician may order Pre-Admission Testing (PATs) to be done before your surgery. If you require testing please bring your prescription, insurance card, and identification to the Admitting Department in the Blaisdell Lobby at Riverview at least 3 days before your day of surgery. No appointment is necessary and business hours are Monday through Friday, 7:00 a.m. to 5:30 p.m., or Saturday 8:00 a.m. to 1:00 p.m. If you have any questions regarding pre-admission testing, please call 732.530.2654.
Preparing for Your Surgery

To ensure your surgical experience runs smoothly, there are a few important things to know prior to arriving for your procedure.

One of our registered nurses will contact you prior to your procedure date for a 30 minute phone assessment. This call will allow us to obtain your medical history, a list of medications, identify any special needs you may have, and answer questions you have prior to your procedure.

If you get a cold or other illness 24-48 hours before surgery, please consult with your physician prior to your arrival.

If you are taking Plavix, aspirin, or blood thinners please speak with your physician (surgeon, primary care, and/or cardiologist) about whether you will need to stop taking these prior to surgery.

Financial and Insurance Information:
If you anticipate any problems or don’t have insurance please call the Billing Department at 732.530.2250. Please be advised you will receive separate bills from your physician/surgeon, anesthesiologist, or pathologist and payment arrangements should be made between you and the provider.
The Day Before Surgery:
One of our registered nurses will call you between 3:00 p.m. and 7:00 p.m. to confirm your appointment and give you pre-operative instructions to plan for your arrival. If your surgery is scheduled for Monday they will call you on Friday.

Do not eat or drink anything after midnight on the night before your surgery, this includes mints and gum. Your nurse will instruct you as to whether or not you may have a sip of water with your medication.

Your nurse will instruct you as to whether or not you should continue taking medications. Smoking and alcohol consumption should also stop the day before your surgery.

Day of Surgery

What to Bring:

- Glasses, hearing aids, dentures, crutches, walkers, canes, wheelchairs, and list of medicines. Pediatric patients may bring their favorite toy or blanket.

- Two forms of identification including: a driver’s license and insurance card.

- Do not bring money or valuables.
**What to Wear:**
Please wear comfortable, loose-fitting clothing that will allow room for a possible cast or brace. If you are undergoing shoulder surgery, you should refrain from wearing clothes that go over your head.

**What Time to Arrive:**
You may be asked to arrive up to 2 hours prior to your scheduled appointment. Please make every effort to arrive at the time in which you are asked, as lateness could result in a delay or rescheduling of your appointment.

**Where to Park:**
Free parking is available in front of the Medical Center, or you may use the Valet parking located at the J. Marshall Booker Pavilion entrance. Parking tokens will be provided to the person accompanying you upon your arrival to Surgical Day Stay.

**Where to Go:**
Enter the J. Marshall Booker Pavilion and take elevators #1 or #2 to the third floor and follow signs to the Surgical Waiting Room.
**Your Procedure:**
You will be cared for by a professional, experienced, and caring surgical team who work diligently to create a harmonious, therapeutic, and technologically advanced environment for you and your family throughout the surgical process. Depending on your procedure, you may spend time in the Post Anesthesia Care Unit following your surgery and then go back to Surgical Day Stay. If not, you will return directly to Surgical Day Stay. Your nurse will inform you and your visitor of your specific post procedure plan prior to your surgery.

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**Day of Surgery and Beyond**

**Your Visitors-Our Guests:**
Our mission to provide you with the best health care experience extends to those accompanying you as well. Whether they choose to wait for you in the surgical waiting area, main lobby of the Medical Center, Dunkin Donuts coffeeshop, or outside of the Medical Center, our team will ask for one cell phone number to call when the procedure is finished. We remind our guests that children should always be accompanied by a parent or responsible adult, only authorized personnel are permitted in the treatment areas, and Riverview is a smoke-free campus.
Concierge Care:
This complimentary service is available to all patients and guests of the Medical Center to address non-clinical needs. From transportation to information requests, Concierge Care is here to help! To take advantage of Concierge Care please call 732.741.2700 and ask for extension 1111 or visit the Concierge Desk in the Marshall Booker Lobby on the first floor.

After Surgery, Leaving the Medical Center:
Upon discharge, your doctor or nurse will explain proper home care and provide you with a copy of instructions and phone numbers in case of questions or concerns after you are home. Remember you need to arrange for someone to drive you home after your surgery.

Follow-Up:
You will receive a post-operative follow-up phone call from one of our Surgical Day Stay Registered Nurses within 72 hours of returning home. In addition you will receive a patient satisfaction survey in the mail. In order to continue providing you with the highest quality of care, we ask that you take a few moments to complete this survey and return it to us at your earliest convenience.
Contact Information

Billing Department
For questions about hospital billing or insurance:
732.530.2250

Questions about Anesthesia billing or insurance
732.899.0868

Medical Records
To obtain your hospital medical record:
732.530.2333

Find a Physician
1-800-DOCTORS®

Riverview Medical Center
732.741.2700
RiverviewMedicalCenter.com

Surgical Day Stay
732.530.2291
Directions

From the Garden State Parkway North or South
Take the Garden State Parkway to Exit 109, Red Bank. Follow Newman Springs Road East to Broad Street. Turn left onto Broad Street and follow to end. Turn right onto East Front Street. Riverview Medical Center will be on the left.

From Route 35 South
Take Route 35 South over bridge into Red Bank. Continue on Route 35 South, following Hospital signs, toward East Front Street (road bears left, right, left and left again). Turn right onto East Front Street and follow approximately 1/2 mile. Riverview Medical Center will be on the left.

From Route 35 North
Take Route 35 North to Broad Street in Red Bank and follow to the end. Turn right onto East Front Street. Riverview Medical Center will be on the left.

From the East
From Route 36 in Sea Bright, turn onto Rumson Road. Follow Rumson Road West, turn right onto Prospect Avenue and follow to the end. Turn left onto East Front Street. Riverview Medical Center will be on the right.

From the West
Follow Newman Springs Road East to Broad Street in Red Bank. Follow directions from Garden State Parkway above.